

OCTOBER TO DECEMBER 2019 PROGRAMME SCHEDULE

TIME

WED

SAT + SUN

DAY/DATES:

**2, 16, 23, 30 Oct
6, 20, 27 Nov
4, 11, 18 Dec**

**19, 26, 27 Oct
2, 9, 10, 30 Nov
7, 8, 14 Dec**

MORNING

**9:15 AM -
11:20 AM**

9:15 - 10:15 AM
L1 ADULT BEGINNER
L2 ADULT STROKE DEVELOPMENT
SWIMSAFER S&G

10:20 - 11:20 AM
WATER FAMILIARIZATION
SWIMSAFER 1&2
SWIMSAFER 3&B

AFTERNOON

**3:00PM -
4:00PM**

3:00 - 4:00 PM
WATER FAMILIARIZATION
SWIMSAFER 3&B
SWIMSAFER S&G

EVENING

**4:05PM -
9:05PM**

4:15 - 5:15 PM
SWIMSAFER 1&2
SWIMSAFER 3&B
SWIMSAFER S&G

8:05 - 9:05 PM
L1 ADULT BEGINNER
L2 ADULT STROKE DEVELOPMENT

4:05 - 5:05 PM
SWIMSAFER 1&2
SWIMSAFER 3&B
SWIMSAFER S&G

5:10 - 6:10 PM
SWIMSAFER 1&2
SWIMSAFER 3&B

Notes: For more information on the specific programmes, you may visit our website at <https://www.sportshub.com.sg/programme?category=20>