



1. When will the Yoga Vibes & Wellness Day be held?

The Yoga Vibes & Wellness Day will be held on 20 November 2021 (Saturday) from 8am to 6pm.

2. Where can I find the programme information for the Yoga Vibes & Wellness Day?

Information of the various programmes, including the timings and locations, can be found [here](#).

3. What are the vaccination requirements to participate in the Yoga Vibes & Wellness Day event?

You are required to fulfil one of the following requirements to participate in the event.

- a) Fully vaccinated individuals (A person is considered fully vaccinated two weeks after he or she has received two doses of Pfizer-BioNTech/ Comirnaty, Moderna, or any WHO EUL vaccines), OR
- b) Unvaccinated individuals with a valid negative result on a Pre-Event Test taken within the past 24 hours at an MOH-approved medical service provider before the expected end of the class/programme/event, OR
- c) Recovered COVID-19 individuals, i.e. less than 270 days of first positive PCR test result obtained in Singapore; OR
- d) Recovered COVID-19 individuals and have taken one dose of Pfizer-BioNTech/Comirnaty, Moderna, with an additional two weeks for the vaccine to be fully effective.

4. Are there any age restrictions to participate in the Yoga Vibes & Wellness Day?

Yes, participants are required to be at least 13 years old or older (at the date of the event) to participate.

5. What is the maximum capacity for the Yoga Vibes & Wellness Day?

The maximum capacity allowed will be 20 participants for Chair Yoga and 40 participants for the other workout sessions.

6. Do I have to pay for the programmes?

Yes, all programmes are chargeable at S\$5 per session per participant.

7. Do I need to register for Yoga Vibes & Wellness Day?

Yes, you will need to register for the sessions online and slots are available on a first-come, first-served basis.

8. Can I register for the session(s) on-site on the day of the event?

Yes, on-site registration is allowed, but subject to availability. We strongly encourage you to register in advance to avoid disappointment as slots are available on a first-come, first-served basis.

9. Can I attend the Yoga Vibes & Wellness Day with my friends?

Yes, you may attend the session(s) with your friends. However, as safe management measures are implemented for the sessions, you will not be allowed to select your preferred group. All groups must remain within their demarcated areas and there should not be inter-mingling between groups throughout the session.

10. Can I register on behalf of my friends and family?

No, participants may only register for their preferred session(s) through their individual Sports Hub account.

11. How do I know if my registration is successful?

A booking confirmation will be sent to you via email upon successful registration.



12. What should I do if I do not receive the email?

The email might have been blocked by your email server and/or is treated as a spam email. Please send an email to experiencesports@sportshub.com.sg if you are unable to locate the email in your 'Spam' folder.

13. If I am unable to attend the event, can I transfer the slot to someone else?

No, registrations are non-refundable and non-transferable. We strongly encourage you to register for the session only if you are able to attend.

14. The session looks empty. Why can't I participate?

As access is regulated to ensure adequate personal space among participants, we advise all participants to register their slots in advance to avoid disappointment.

15. Will I be allowed to participate if I am late?

Participants will be given a grace period of 10 minutes to participate in the session(s).

16. What should I prepare for the Yoga Vibes & Wellness Day?

Participants are required to dress in comfortable sports attire that include shorts/leggings, t-shirts and sports shoes. We also encourage all participants to bring the following items:

- a) Sports Towel
- b) Water Bottle
- c) Personal medication (if any)

17. Will there be baggage deposit point available?

Baggage deposit point is unavailable, and participants are encouraged to travel light and will be responsible for their personal items. Singapore Sports Hub will not be responsible for any damages, loss or theft of any personal property.

18. Are there toilets available?

Yes, toilets are available for public usage and participants are encouraged to visit the toilet only before or after the session to avoid disruption to the programme.

19. How do I get to the Yoga Vibes & Wellness Day event?

You may refer to our [Getting Here](#) page for details on the various modes of transportation. Please check-in at Sports Hub OCBC Square or Sports Hub Library.

20. What happens during inclement weather?

The Yoga Vibes & Wellness Day is a rain or shine programme and all sessions will continue regardless of the weather conditions.

21. Who can I contact for more information?

You may contact our Customer Care Team at +65 6653 8900 (Monday – Sunday, 7am to 10pm). Alternatively, you may drop us an email at experiencesports@sportshub.com.sg.