



### **Participation Instructions**

1. Participants are required to fulfill one of the following requirements to participate in the event.
  - a. Fully vaccinated individual (A person is considered fully vaccinated two weeks after he or she has received two doses of Pfizer-BioNTech/ Comirnaty, Moderna, or any WHO EUL vaccines), OR
  - b. Unvaccinated individual with a valid negative result on a Pre-Event Test taken within the past 24 hours at an MOH-approved medical service provider before the expected end of the class/programme/event, OR
  - c. Recovered COVID-19 individual, i.e. less than 270 days of first positive PCR test result obtained in Singapore; OR
  - d. Recovered COVID-19 individual and have taken one dose of Pfizer-BioNTech/Comirnaty, Moderna, with an additional two weeks for the vaccine to be fully effective.
2. Participants are required to be at least 13 years old or older (at the date of the event) to participate.
3. Registration is on a first-come, first-served basis through the registration page on the Singapore Sports Hub [website](#). Registration will close when all slots are taken up.
4. All bookings are non-refundable and non-transferable.
5. Please bring your own water.
6. Participants should arrive on time. The session will be closed to participants 10 minutes after it has started.
7. The yoga sessions are conducted under shelter and will proceed as scheduled, regardless of the weather.
8. There will be no bag deposit counters at this event. Participants are encouraged to travel light and be responsible for their personal items. Singapore Sports Hub will not be responsible for any damage to, loss or theft of any personal property.
9. For enquiries about the event (or your registration?), drop us an email at [experiencesports@sportshub.com.sg](mailto:experiencesports@sportshub.com.sg). Alternatively, you may contact our Customer Care team for assistance at +65 6653 8900 (Monday – Sunday, 7am to 10pm).
10. The programme and schedules are subject to change. Singapore Sports Hub reserves the right to change, amend or postpone the event without prior notice.
11. By participating in the session, participants consent to be bound by these terms and conditions and Singapore Sports Hub Conditions of Entry available [here](#) and also displayed at the event venue.

### **Singapore Sports Hub Disclaimer**

1. Participants understand that their participation in Yoga Vibes & Wellness Day (“Activity”) is at their own risk and will not hold Singapore Sports Hub and/or its agent(s) liable for any personal injury or death arising from their participation in the Activity or for any loss of or damage to their property arising from their participation in the Activity.

### **Safe Management Measures**

1. Check-in to the venue using TraceTogether-SafeEntry. The TraceTogether app or token should be activated and placed near you throughout the session to aid in contact tracing. Additionally, we will maintain a record of participants in each grouping.
2. Hand sanitisers will be provided at the check-in area. Please sanitise your hands before entering the venue.
3. Masks should be worn at all times unless you are performing a strenuous activity outdoors. It must be put on immediately after you have completed the high intensity sport and/or physical activity.

4. In indoor settings, all participants, including instructors and staff, must be properly masked at all times, including when performing the physical activity unless they are fully vaccinated individuals engaged in strenuous activities in a facility that has implemented vaccination-differentiated Safe Management Measures.
5. Group sizes are capped at a maximum of 5 participants and there will be no intermingling between groups.
6. There is a maximum capacity of 20 participants for Chair Yoga and 40 participants for the other workout sessions.
7. Participants should refrain from joining any of the activities if they are serving a quarantine order, leave of absence, self-isolation or stay-home notice